

# What You Can Do

Action	How to Begin
<b>Save money and natural resources</b>	
Use compact fluorescent light (CFL) bulbs	CFL bulbs are in most stores <a href="http://www.newdream.org/monthly/sep99.html">http://www.newdream.org/monthly/sep99.html</a>
Use Energy Star products	Learn more about energy saving appliances <a href="http://www.epa.gov/nrgystar/about.html">http://www.epa.gov/nrgystar/about.html</a>
Adjust the thermostat	Set the thermostat to 78 degrees F. or higher in summer. Every degree lower on a thermostat in the winter will save 3% of energy costs per day
Look into solar power	<a href="http://www.solarsanantonio.org">http://www.solarsanantonio.org</a>
Conduct an energy audit	Get help from CPS Energy with an energy audit Call 353-2302 for Home or 353-2222 for a Commercial Audit <a href="http://www.cpsenergy.com">http://www.cpsenergy.com</a>
Recycle and reuse	The City of San Antonio Environmental Services Department has recycle information <a href="http://www.sanantonio.gov/enviro/solidwaste/recycling.asp">http://www.sanantonio.gov/enviro/solidwaste/recycling.asp</a>
Work from home, carpool, take the bus or ride a bike at least weekly	Plan a bus or bicycle trip - <a href="http://www.viainfo.net">http://www.viainfo.net</a> <a href="http://www.hikeandbikesa.com/">http://www.hikeandbikesa.com/</a>
<b>Clean the air and reduce water consumption</b>	
Plant a tree	<a href="http://www.treecoalition.org/">http://www.treecoalition.org/</a> <a href="http://www.fs.fed.us/ne/syracuse/index.html">http://www.fs.fed.us/ne/syracuse/index.html</a>
Xeriscape and use native plants in your yard	<a href="http://www.saws.org/conservation/Landscape/xeriscape.shtml">http://www.saws.org/conservation/Landscape/xeriscape.shtml</a> ; <a href="http://www.npsot.org/">http://www.npsot.org/</a>
Use water-conserving plumbing fixtures	SAWS has a Kick the Can program <a href="http://saws.org/conservation/h2ome/toilet/">http://saws.org/conservation/h2ome/toilet/</a>
<b>Carefully use and dispose of toxic materials – for your own health!</b>	
Carefully dispose of toxic and hazardous waste	City of San Antonio has a permanent Household Hazardous Waste Drop-Off Center <a href="http://www.sanantonio.gov/enviro/emd/hhw.asp?res=800&amp;ver=true">http://www.sanantonio.gov/enviro/emd/hhw.asp?res=800&amp;ver=true</a> Outside the City but in Bexar County, call 800-449-7587 for pick up
Avoid toxic pesticides	<a href="http://www.epa.gov/epahome/cnews_051001.htm">http://www.epa.gov/epahome/cnews_051001.htm</a>
<b>Consume wisely to save energy and reduce resource depletion</b>	
Purchase locally grown food	<a href="http://www.sciencenews.org/articles/20030802/food.asp">http://www.sciencenews.org/articles/20030802/food.asp</a>
Reduce beef and pork consumption	<a href="http://www.worldwatch.org/node/1626">www.worldwatch.org/node/1626</a>
Use Earth friendly building materials	<a href="http://www.buildsagreen.org/">http://www.buildsagreen.org/</a> <a href="http://www.fscoax.org/">http://www.fscoax.org/</a>
Eat sustainably harvested seafood	See which kind of fish are best <a href="http://www.audubon.org/campaign/lo/index.html">http://www.audubon.org/campaign/lo/index.html</a> <a href="http://www.habitatmedia.org/">http://www.habitatmedia.org/</a>
<b>Get informed and get involved</b>	
Engage your family and friends in shrinking your ecological footprint	Determine what your footprint is now <a href="http://www.ecobusinesslinks.com/ecological_footprint_calculator.htm">http://www.ecobusinesslinks.com/ecological footprint calculator.htm</a>
Join or support a local organization with an environmental focus	<a href="http://www.bexaraudubon.org">http://www.bexaraudubon.org</a> <a href="http://www.bexarlandtrust.org/">http://www.bexarlandtrust.org/</a> Call 222-8430 <a href="http://www.sierraclub.org">http://www.sierraclub.org</a> Call 222-8195 <a href="http://www.aquiferalliance.org/">http://www.aquiferalliance.org/</a> Call 320-6294
Contact organizations suggested by the San Antonio Community of Churches, the Office of Social Concerns of the Archdiocese of San Antonio and the Community Relations Council of the Jewish Federation of San Antonio	<a href="http://nrpe.org/index.html">http://nrpe.org/index.html</a> <a href="http://texasimpact.org/drupal">http://texasimpact.org/drupal</a>
Connect your children to nature	<a href="http://www.pbskids.org/zoom/">www.pbskids.org/zoom/</a> <a href="http://www.childrenoftheearth.org">www.childrenoftheearth.org</a>